

*Musically illustrated, with life-hacks and
Eureka, game-changing insights*



VOLUME 1

A CRASH COURSE IN WISDOM

If you don't "Get It", You haven't "Got It"

JOEL B. KAY

Musically illustrated, with life-hacks and Eureka, game-changing insights

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Volume 1

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You haven't "Got It"**

Joel B. Kay

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**“GAINING WISDOM IS BETTER THAN OBTAINING GOLD,
INSIGHT IS BETTER THAN SILVER”**

Proverbs 16:16



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ZEN: THE PERFECT CIRCLE



The Zen perfect circle is called the Ensō. It has deep historical roots going back to the 6th century in Zen Buddhism, and has been a central symbol and practice for Zen masters and students for over a millennium^{[12345](#)}. The creation of an Enso symbolizes a moment when the mind is free to let the body create, embodying the Zen concept of "no-mind" where the mind is free from conscious thought^{[1234](#)}.

It symbolizes absolute enlightenment, strength, elegance, the universe, and the void. The creation of an Ensō symbolizes a moment when the mind is free to let the body create, embodying the Zen concept of "no-mind" where the mind is free from conscious thought.

The unfinished nature of the Ensō, often with a gap or opening, represents the idea that perfection and completion are illusory, reminding us that life is an ongoing, interconnected process. It can symbolize emptiness or fullness, presence or absence, and it holds deep meaning in Zen philosophy and Japanese aesthetics^{[45](#)}.

What you are about to read, although seemingly lighthearted, are not superficial teachings. They are not bubblegum ideas or quick fixes.

You are about to take a deep dive into transformative strategies and profound multi-sensory insights. They are given to you in a way to not only transform your perception of the world you live in. They are given to you respectfully, in a way to transform yourself, should you choose to do so.

**This isn't a journey about becoming something.
This is about unbecoming who we are not.**

Adyashanti

**Deep
down you
already
know the
truth.**

INTRODUCTION



Image courtesy Pexels

The general population doesn't know what's happening. And it doesn't even know that it doesn't know.

Noam Chomski

SO HOW MUCH SHIT DO YOU THINK YOU KNOW?

Respectful question

Since you have picked up this book and are looking at it with some possible interest, you are obviously involved with some form of self-enquiry or some philosophy. Either actively or passively.

So may I please ask you this question?

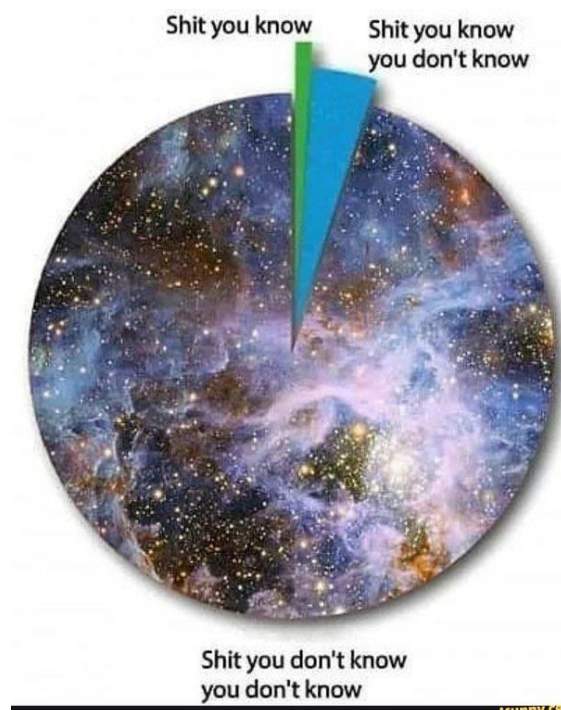
Out of all the accumulated knowledge to be known in this world we live in, since the beginning of recorded history in the world, in all disciplines, in all cultures, about Self-Enquiry or philosophy, what percentage (honestly) would you say that you know?

Could we say possibly 5%, as being a fair, or true reflection? Is that a fair assumption? Now, in addition to this 5%, what percentage don't you know, but you do know who to ask and which reference books to access, (internet included), to find out all the answers to what you want to know?

Let's conservatively say that of the total spectrum of Self-Enquiry or Philosophy **which you don't know** represents about 40%. Would that be fair? Lots of

people are good at finding out answers about stuff they don't know. No doubt you are one of them.

That leaves 55% of the total universe of stuff that still exists, which is stuff *you don't even know you don't know*. You are unaware and you are unaware that you are unaware.



That's what this stuff is all about. It's all about the shit that you don't know that you don't know.

"YOU ARE MOSTLY UNAWARE, ON A CONSCIOUS LEVEL, OF WHAT YOU ARE CHOOSING IN THE WAY OF THOUGHTS, WORDS AND DEEDS UNTIL YOU EXPERIENCE THE AFTERMATH OF THEM."

N.D. Walsh

Very few people know anything about what they don't know that they don't know. Even the empiricists who only believe in scientific, empirical facts, don't dispute the fact that the Universe is made up of 95% Dark Matter. This is stuff that scientists and physicists just can't measure, cannot conduct experiments on, and simply don't understand.

"EVERYTHING YOU CAN SEE, EVERYTHING YOU FEEL, EVERYTHING YOU'RE MADE UP OF, ONLY MAKES UP 5 PERCENT OF THE UNIVERSE, AND THE REST IS THIS DARK STUFF...AND WE HAVE NO IDEA WHAT IT IS."

Rebecca Leane Theoretical physicist at MIT.

The Universe is beginning to look more and more like a gigantic thought, rather than a linear-based, mechanistic device. Consciousness is becoming recognised as the cause of everything. It may even be the basis of the entire world. The

difference between awareness and consciousness is that consciousness has content, extension in time and space, and form; awareness is the context.

***"While differing widely in the various little bits we know,
in our infinite ignorance we are all equal."***

Karl Popper

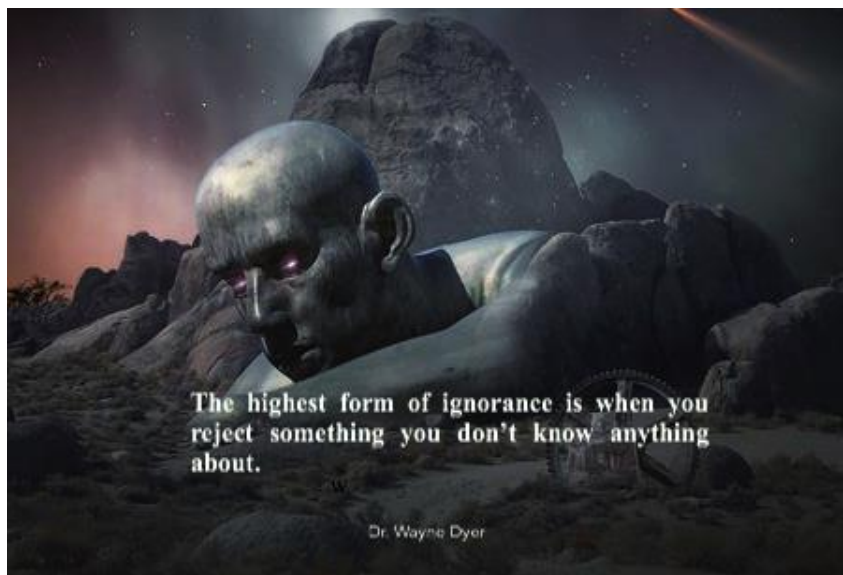


Image courtesy Pixabay

None of the stuff that you know, or think you know, or know how to get what you don't know, however, has any value whatsoever when you start to deal with stuff that you don't know that you don't know.

"The less people know, the more stubbornly they know it."

Osho

My intention is not to pretend I know it all (I don't) and not to try and teach anything to anyone. **My intention is to ring a few ancient memory bells** and to give you experiences from the wisdom of the masters through the ages. So that you can remember everything that you have pretended to forget.

The problem is that "part of the cure is the wish to be cured." However, the majority of people would rather cling on to their old beliefs, no matter how wrong they are. A person who proudly claims he has had thirty-five years' experience in that situation, in all probability may only have had one year, repeated thirty five times.

"We are trapped in a prison of our own delusion, and our task is to free ourselves from this prison."

Albert Einstein.

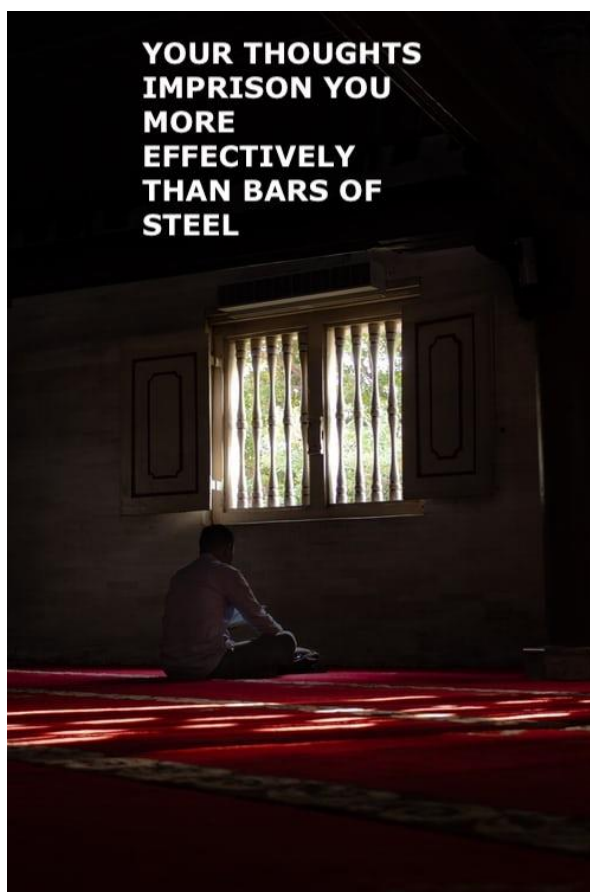


Image courtesy Unsplash

"We knew that the earth was flat, we knew that we were the centre of the Universe, and we knew that a man-made, heavier-than-air piece of machinery could not take flight.

Through all stages of human history, intellectual authorities have pronounced their supremacy, by ridiculing or suppressing elements of reality that simply didn't fit within the framework of accepted knowledge.

Are we really any different today?

"Have we really changed our acceptance towards things that won't fit the frame? Maybe there are concepts of our reality we have yet to understand, and if we open our eyes maybe we will see that something significant has been overlooked."

(Terje Toftenes (Via documentary, "The day before Disclosure."))

**SOMETIMES THE THING THAT
IS HOLDING YOU BACK...**



Image Courtesy Igbox.com

...IS ALL JUST IN YOUR HEAD

This is not rocket-science.

This is not even science as we know it. And yes, there are a lot of charlatans and do-gooders prancing around in the moonlight, smoking mushrooms and waving joss-sticks with their feet planted firmly in the clouds who have given this shit a lot of bad press (haven't there always been?)

And their fanciful thinking may or may not have some vague vestiges of truth in it.

Then, on the other side of the coin there are those dyed in the wool sceptics, or worse still, cynics relegating everything that they don't know into an easy grab bag of "pseudo-science", dismissing everything into the realm of nonsense and "woo-woo" words.

This book is about that stuff – the stuff that you don't know that you don't know - and how it could transform your life.

I would therefore, seriously, like to invite you to stand outside yourself while reading this book and observe your thoughts, and especially your feelings, as you go through it.

Do not, whatever you do, try and analyse or diagnose the material. This may cause you to bump your nose. Which can be painful.

Just observe these ideas, concepts and possible insights inside these volumes as though you were an objective, outside witness to what you are reading and feeding your mind. This way will give you certain realisations.

Realisations that the space in which you hold yourself is the context.

The question is, are you truly willing to explore a sacred space which this can lead you to? Are you prepared to go beyond what you don't know?

What's more, are you prepared to go beyond that which you don't know that you don't know?

WARNING

If you can't handle your own feelings...those which you choose to hide and not confront...how will you handle what is true?

This volume could be ultra-challenging to those ultra conservative, close-minded individuals who are determined to defend to the end their thoughts, feelings, points of view and beliefs which have not worked for them throughout their lives.

HINT:

**BEGIN WITH THE END IN MIND. EXPECT THE UNEXPECTED.
USE THE INSIGHTS YOU WILL GET, AND GET WHAT YOU WANT,
FROM WHAT YOU DISCOVER.**

WHY?

BECAUSE

**THESE ARE THE GREATEST INSIGHTS YOU NEVER KNEW YOU
NEVER KNEW**

May I please invite you to fully experience the awesome, musical essence of this series. Please put on your earphones first, click on the you tube "view video" link OR right click on "Open Link" to listen to and feel the words of:

Johnny Mathis

LIFE IS A SONG WORTH SINGING



**LIFE HAPPENS! THERE ARE NO GUARANTEES.
IF YOU WANT A GUARANTEE BUY A TOASTER...**

Steve Jobs

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RECOMMENDATION:
BEST EXPERIENCED WHEN VIEWED ON PC OR LAPTOP WITH EARPHONES

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FOREWORD

I'm curious to know...*what would you like to gain from this information?*

You know more than you think.



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But it is your thinking that prevents you from knowing what you know.

For years I searched how to get clarity on where I was going with my life. All the guides, teachers and masters I studied, taught what they best knew how to teach.

And they all came out of their own realms, realities, dimensions, interpretations and perceptions of what they understood was the way, or the truth.

But none could show me "the way." In a way where I "GOT IT".

So I went to the best.

I consciously chose the best of the best insights, revelations, and illuminations from the greatest thinkers of all time. I chose to stand on the shoulders of giants to "Get" those Eureka Moments.

To "Get" those insights.

And to share those revelations, those processes which transcended eras, schools of thought, philosophies and belief systems to "get" those same insights. So that each and every reader could **"get it"** for themselves.

TO BE THE BEST. LEARN FROM THE BEST

Darren La Croix

Although totally respecting ALL religions, and even quoting from various religious scriptures, the context of this series is completely non-religious in nature.

And from a source where, in most cases, the greatest philosophers, mathematicians, physicists and the wisest men of all time "got it".

They "get it" in many instances from a "higher source." A source above and behind those beliefs you believe to be the truth.

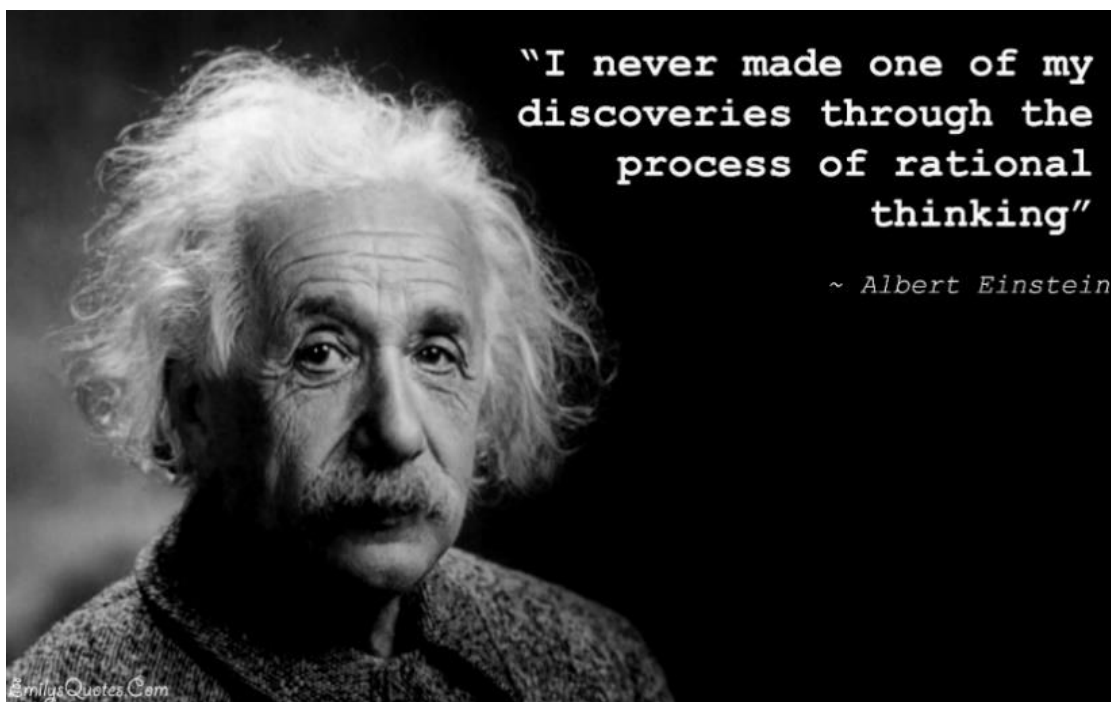


Image courtesy Pixabay

YES, THE TRUTH WILL SET YOU FREE... BUT FIRST IT'S REALLY GONNA PISS YOU OFF!

And you're going to do it, if you so choose, by using the wisdom of the greatest minds of all times.

If you choose, you may immerse yourself in the wisdom of the greats on these pages, to give yourself the possibility of having those golden, hell-yeah Eureka moments.

In this moment called "NOW".

And maybe set yourself free.

YES YOU ARE! IF YOU SO CHOOSE...

If you immerse yourself in the wisdom and the insights of great minds YOU CAN **"GET IT."** **Yes you can,** if you are willing to simply open yourself up to receive their wisdom.

You can reward yourself unbelievably, by looking through the eyes and minds of the greatest minds in history ...

If you are open, they could serve you as portals or activation tools to bring you to that golden, lightbulb moment. Eureka. Your Truth experienced.

Just dedicate yourself to focussing your essence into receiving what you deep-down always knew, but simply forgot. And forgot that you knew it.



Image courtesy Pixabay

**YOU'RE WORTH IT. YOU'RE WORTHY.
YES, YOU ARE. TAKE YOUR LIFE BACK!**

**Not from the fluff of the stuff in the dead of your head.
But from the very depths of your soul...**

You'll find revealed to you many secrets and insights, disclosing new, ways of looking at...and solving the many problems that may have lain just below the surface of your awareness for your whole life.

As you begin to take in the principles in this series and apply them in the processes which will be revealed , you are going to have to stretch your mind and put in the extra "flight time" you owe yourself, to allow the Eureka Moments to sink into your very DNA.

In the doing and practicing of these, you will transform your life into the grandest version of the greatest vision you could have for yourself.

Which means you will need to dedicate yourself to logging in hours, with a specific intent to get results from your insights. You will have to live and experience your insights in order to let the cognitions you have realised sink into your mind.

It might even mean that you may need to take a risk and step outside your current comfort zone (which is a place where nothing grows).



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**YOU CANNOT BECOME WHAT YOU WANT
TO BE BY REMAINING WHAT YOU ARE**

Max DePree

Put in the time and the self-reflection you need with these insights and you'll get more out of this than you can ever imagine. Your mental preparation is key to getting yourself focused on what you want, not what you don't want.

It might even mean that you might actually begin to enjoy being who you truly are. Immensely.

To those who are prepared to open themselves to be challenged and move from knowledge to wisdom, I dedicate this series.

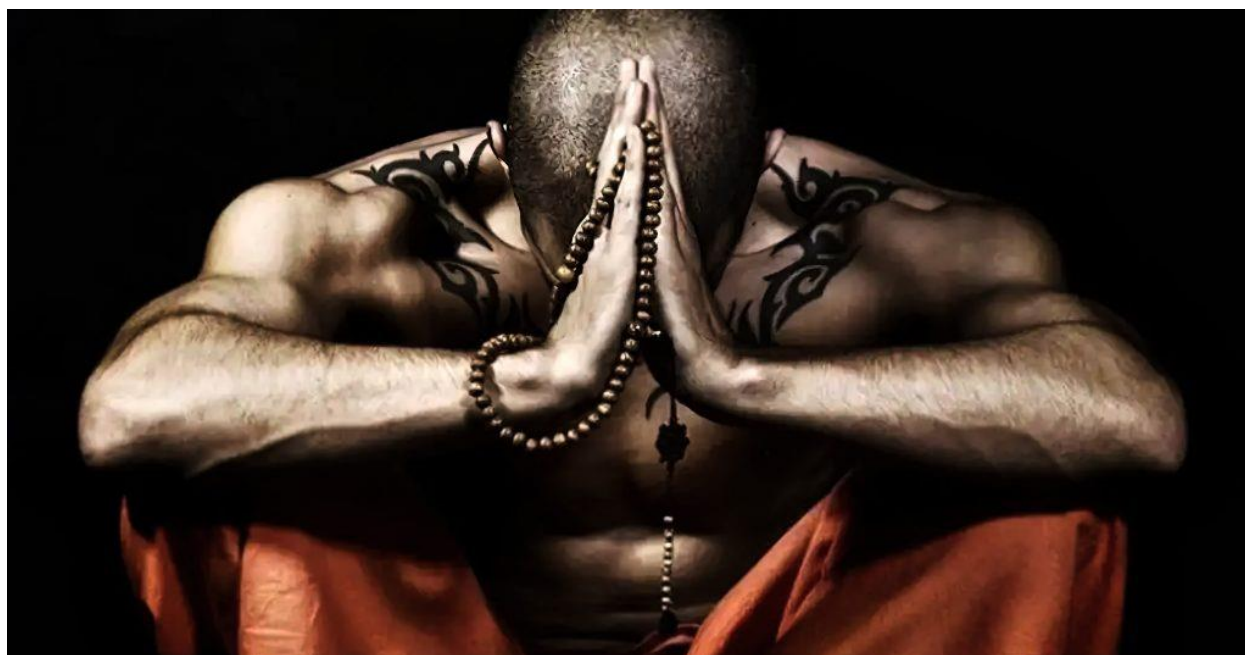


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